



Monday

Tuesday

Wednesday

Thursday

Friday

02/10-06/11-11/12

Vegetable pureé
Tuna fish with boiled
potatoes, green
"mojo" , salad
yoghurt

03/10-07/11-12/12

Chick peas stew
breaded chicken
breast, tomatoes with
dressing
fresh fruit

04/10-08/11-13/12

Chicken soup
hake with oven
potatoes and
mushrooms
yoghurt

05/10-09/11-14/12

Vegetable pureé
turkey with apple
sauce and white rice
fruit and yoghurt

06/10-10/11-15/12

Watercress soup
scrambled eggs with
ham croquettes
fruit and yoghurt

09/10-13/11-18/12

Pumpkin pureé
pork fillet with garlic
potatoes
jelly

10/10-14/11-19/12

Three delicacies rice
breaded hake
tropical salad
Peach in syrup

11/10-15/11-20/12

Beans stew
courgette omlette
Tomato and cheese
fruit and yoghurt

12/10-16/11-21/12

"Stars" soup
meatballs
potatoes
custard

13/10-17/11-22/12

Crema of vegetable
soup
fish churros
mixed salad
fruit and yoghurt

16/10-20/11

Lentil stew
spanish omlette
tomatoes
fruit and yoghurt

17/10-21/11

Noodle soup, Beef
loin cuts with carrot
sauce and potatoes
fresh fruit

18/10-22/11

Crema of pumpkin
soup
squid sticks ,
croquettes, salad
fruit and yoghurt

19/10-23/11

Macaroni with
tomatoe and cheese
loin cut with apple
sauce and potato
pureé
fruit

20/10-24/11

Cuttle fish
Pureé
hake fingers c, salad
with pineapple
fruit and yoghurtr

23/10-27/11

Vegetable pureé
beef stew with
white rice
fruit and yoghurt

24/10-28/11

Macaroni
napolitana
omlette with ham ,
salad
fruit and jelly

25/10-29/11

"stars" soup
breaded hake
tomatoes with
dressing and olives
fruit and yoghurt

26/10-30/11

Crema of pumpkin
soup
ham and cheese
pizza, salad with
pineapple

27/10-01/12

Lentil stew
chicken drumsticks
chips
Yoghurt

30/10-04/12

Crema of
courgettes soup
boiled potatoes,
boiled potatoes and
tuna fish
fruit and voahurt

31/10-5/12

Chicken soup
breaded chicken
breast , tropical
salad
fruit and yoghurt

01/11-06/12

Spaghetti , baked
hake with
mushrooms
chocolate mousse

02/11-07/12

Fish soup
beef burger with
chips
fruit

03/11-08/12

Vegetable pureé
white rice with
tomato sauce
fried egg with
sausages
fruit

Dining room rules

1. **HYGIENE:** wash your hands
2. **ENTRY:** enter in order and silence
3. **CLEANLINESS :** keep the dining room clean and don't throw anything on the floor
4. **WHILE EATING**
 - * chew with your mouth closed
 - * speak low and with no food in your mouth
 - * use your cutlery properly
 - * don't pick up food with your hands
5. **WHEN YOU FINISH:** tidy up your table

